

## Olt Risk Assessment

### **RISK ASSESSMENT for CAST PROJECTS in OLTANIA REGION, ROMANIA**

Your safety is very important to us. This document covers the basics you need to be aware of before you travel to Romania with us. Points 1 – 11 cover general points regarding the overall trip and sections 12-14 relate to the specific projects you may be working on in the Oltania region. The specific areas you are likely to be working in within Oltania are Slatina, Cezieni, and Caracal. You should take this risk assessment with you to Romania in order to refer to it during your trip. You should also read your induction pack thoroughly alongside this document. If you need help or advice, please contact Hanna Lythgoe, the CAST Project Co-ordinator for Olt, Romania at [olt@cast-uk.com](mailto:olt@cast-uk.com)

**Please read this document carefully, act on the points which we suggest, and have a great trip! Thank you!**

	Risk	Ways to reduce the potential risk
<b>1. Travel</b>		
<b>1.1</b>	Difficulties in travel between designated UK airport to Romania	<ul style="list-style-type: none"> <li>• Fly from the designated UK airport detailed in your acceptance letter to Bucharest with your team.</li> <li>• Ensure you arrive at the airport at least two hours before the flight in order to check in with your team.</li> <li>• Ensure your luggage is packed and presented appropriately.</li> <li>• Ensure you have a passport which is valid, and take all relevant tickets/booking numbers/bank cards/insurance details with you to the airport.</li> <li>• Notify relevant members of your team should you have certain requirements when you travel.</li> </ul>
<b>1.2</b>	Difficulties in travel from Bucharest to Olt	<ul style="list-style-type: none"> <li>• You will arrive as a team and be met by our Romanian volunteer co-ordinator or a representative of the William Tyrrell charity.</li> <li>• Transport is via a hired minibus which supports William Tyrrell.</li> <li>• William Tyrrell contact phone numbers as well as other useful numbers within Romania are in your induction pack.</li> </ul>
<b>1.3</b>	Not having the relevant documents: visas, insurance, EHIC, official permission	<ul style="list-style-type: none"> <li>• No visa is required for British citizens. If you are of another nationality it is your responsibility to make the necessary arrangements.</li> <li>• Appropriate insurance should be obtained well in advance to your trip through a reputable company.</li> <li>• Make sure you have a valid European Health Insurance Card well in advance of your trip (as well as insurance).</li> <li>• Ensure you have sent an e-copy of your passport to <a href="mailto:olt@cast-uk.com">olt@cast-uk.com</a> . This is a necessary form of ID we must</li> </ul>

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			have before you travel so we can obtain permission from Child Protection for volunteers to work in the area.
	<b>1.4</b>	Difficulties in travel to and from family type homes	<ul style="list-style-type: none"> <li>• Travel via taxi or on foot. Ensure you always have address of family type home and volunteer flat written down.</li> <li>• Ensure you carry a mobile phone and contact numbers for your team leader and volunteer co-ordinator (numbers provided in induction pack and acceptance letter).</li> <li>• Ensure you have adequate change.</li> <li>• Volunteers should not be allowed in without their badges (provided on arrival).</li> <li>• Do not take valuable belongings. Volunteers only require change for a taxi if they wish, one mobile phone per team which should be turned off upon arrival at the Family Type Home, and items for the children.</li> <li>• Many people in the Olt area live in poverty. As such, volunteers should avoid comparisons between the Family Type Homes, other local apartments, and foreign accommodation as the Family Type Homes are generally above the standard most people in the area experience in their own homes thanks to EU funding.</li> </ul>
	<b>1.5</b>	Difficulties in travel to and from Summer Schools / Centres	<ul style="list-style-type: none"> <li>• See 1.4</li> <li>• Ensure you have the address of the Summer Schools / Centres.</li> <li>• The Volunteer Co-ordinator should accompany children from the Family Type Homes travelling to separate centres.</li> </ul>
	<b>1.6</b>	Difficulties in travel to and from adult residential institutions	<ul style="list-style-type: none"> <li>• Travel is via minibus. Ensure you know where you need to be and when (information provided on arrival by Team Leader/Volunteer Co-ordinator).</li> <li>• Ensure you carry one mobile phone per team which must be turned off on arrival, and contact numbers for your team leader and Volunteer Co-ordinator (numbers provided in induction pack).</li> <li>• Do not take valuables. Leave any valuables taken in the <u>locked</u> minibus out of sight.</li> </ul>
	<b>1.7</b>	Pick pockets	<ul style="list-style-type: none"> <li>• You may be at higher risk of pick pockets (especially children) when walking or on public transport.</li> </ul>
<b>2. Accommodation</b>			
	<b>2.1</b>	Theft/break in	<ul style="list-style-type: none"> <li>• Ensure the flat is always locked whether you are in or out of the flat.</li> <li>• Shut all windows and doors when not in the flat.</li> <li>• Avoid taking valuable items unnecessarily (especially jewellery).</li> </ul>

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			<ul style="list-style-type: none"> <li>• Discuss with your team where valuable items are to be kept.</li> <li>• Turn off all plug sockets, water, and lights when ever you leave the flat unattended.</li> </ul>
	<b>2.2</b>	Entering/leaving the accommodation at night	<ul style="list-style-type: none"> <li>• The stairwell is dark and automatic lights do not always work. Make sure you take a torch or some form of light (e.g. mobile phone) when going out at night.</li> <li>• Concrete steps can be slippery when wet.</li> <li>• Take care on the steps as they may be uneven.</li> <li>• When walking to the block of flats at night the access is off the main street so make sure you don't go out alone and take a mobile phone with you (kept out of sight).</li> <li>• Be sensitive of the neighbours and keep noise to an absolute minimum after 9:00pm.</li> </ul>
	<b>2.3</b>	Electrical faults/fire	<ul style="list-style-type: none"> <li>• Although there should not be faults with the electricity supply you should take care when using plug sockets and not leave items plugged in unsupervised.</li> <li>• Do not leave gas stove unattended.</li> <li>• Ensure you know where exits and extinguishers are.</li> <li>• Be aware the plumbing can be temperamental.</li> <li>• Power cuts can occur.</li> </ul>
	<b>2.4</b>	Cultural awareness	<ul style="list-style-type: none"> <li>• The majority of apartment blocks were built during the communist era. The majority of apartments are basic and most people live in similar accommodation. Volunteers should not draw comparisons between Romanian and foreign accommodation as this can cause offense.</li> <li>• The apartment CAST volunteers reside in is above the standard of living most people experience. Volunteers should be aware of this at all times.</li> <li>• Many people in the Olt area live in poverty or know people who do. As such, volunteers should avoid openly complaining about comparatively lavish accommodation.</li> </ul>
<b>3. Medical</b>			
	<b>3.1</b>	Need to use local medical facilities	<ul style="list-style-type: none"> <li>• It is not advisable to use the local health centres.</li> <li>• Volunteers should consider their health carefully before participating in the project. It is the responsibility of the individual volunteer to discuss their individual needs with their GP prior to their trip.</li> <li>• Volunteers should carry double doses of all prescribed medicines with them in case of losses.</li> <li>• It is the responsibility of individual volunteer to discuss health concerns with their team leaders or the relevant CAST officers.</li> </ul>
	<b>3.2</b>	Lack of appropriate	<ul style="list-style-type: none"> <li>• Volunteers should ensure they visit their GP/practice nurse</li> </ul>

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		vaccinations	<p>well in advance of their trip.</p> <ul style="list-style-type: none"> <li>It is the responsibility of the volunteer to discuss the nature of their work with their GP/practice nurse to ensure they receive all necessary vaccinations.</li> </ul>
	<b>3.3</b>	General illness	<ul style="list-style-type: none"> <li>Mild sickness of some sort is common due to the proximity to project beneficiaries who invariably carry germs (e.g. stomach upset/cold). It is the responsibility of the volunteer to bring an appropriate first aid kit.</li> <li>Volunteers should inform the team leader if they feel unable to attend a project due to illness.</li> </ul>
	<b>3.4</b>	HIV	<ul style="list-style-type: none"> <li>HIV/AIDS is rife within Romania and CAST cannot guarantee that the project beneficiaries they work with do not carry the virus.</li> <li>Risk of infection with HIV whilst working with infected children/adults is via infected blood coming into contact with your blood (e.g. in an open cut) or mucous membranes (e.g. the eye or the inside of the nose). The risk is very low. However volunteers should take reasonable precautions such as covering any cuts with plasters. If a child/adult cuts themselves or is bleeding please alert a member of staff rather than manage it yourself.</li> <li>You are not required to change nappies (where it is possible to come into contact with blood in faeces/urine).</li> <li>If you do come into contact with blood or bodily fluids make sure you wash immediately.</li> <li>It is not a requirement for volunteers to work anywhere they do not feel comfortable.</li> </ul>
	<b>3.5</b>	Headlice	<ul style="list-style-type: none"> <li>It is possible that some of the children/adults may have headlice. It is the responsibility of the volunteer to take treatments for headlice if you wish. Tea-tree shampoo can act as a deterrent.</li> </ul>
	<b>3.6</b>	Other	<ul style="list-style-type: none"> <li>In four years, two volunteers have contracted ring worm through their work. This is easily treated in the UK.</li> <li>Some of the people we work with have TB and Hepatitis.</li> <li>Volunteers should ensure they have been sufficiently vaccinated.</li> </ul>
<b>4.</b>	<b>Use of equipment</b>		
	<b>4.1</b>	Risk of using equipment	N/A for general volunteers
	<b>4.2</b>	Maintenance of equipment	Notify staff if equipment is broken or unsafe.

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<b>5. Catering</b>			
	<b>5.1</b>	Local food not able to satisfy special dietary requirements	<ul style="list-style-type: none"> <li>• If volunteers have special dietary requirements, it is their responsibility to take appropriate foods and food supplements from the UK and alert team leaders. However, there is a wide range of foods available in Olt.</li> </ul>
	<b>5.2</b>	Risk of illness from eating local food	<ul style="list-style-type: none"> <li>• Food is available from the local market/shops and restaurants. It is the responsibility of volunteers to be sensible when buying and cooking food supplies.</li> </ul>
<b>6. Personal safety</b>			
	<b>6.1</b>	Accident/emergency	<ul style="list-style-type: none"> <li>• Volunteers are responsible for their own safety.</li> <li>• It is the responsibility of the volunteer to have the appropriate insurance.</li> <li>• If a volunteer is aware of a potential issue which may affect their safety, this should be discussed with the CAST project co-ordinator and team leaders prior to their trip.</li> <li>• Accidents should be reported on the accident form.</li> </ul>
	<b>6.2</b>	Working alone	<ul style="list-style-type: none"> <li>• Volunteers should not be working alone at any time. If you find yourself in this situation you must find another team member immediately.</li> <li>• Volunteers must read the risk assessments for all the projects and follow and act upon the advice given.</li> <li>• It is the responsibility of the volunteer to read the information in the induction pack regarding their projects thoroughly.</li> </ul>
	<b>6.3</b>	Risk of violence from the children/adults	<ul style="list-style-type: none"> <li>• It is the responsibility of the volunteer to read the risk assessments for all the projects and follow and act upon the advice given.</li> <li>• The people we work with can be unpredictable but generally mean no harm. Many are very weak and so can not cause much harm.</li> </ul>
	<b>6.4</b>	Risk of mugging/assault in Romania	<ul style="list-style-type: none"> <li>• Volunteers are responsible for their own personal safety. Volunteers should not go out alone, especially at night.</li> <li>• Do not have valuable items visible on your person.</li> <li>• Be sensitive and sensible when withdrawing money from the bank.</li> <li>• Do not act distastefully (e.g. shouting, 'practising' Romanian loudly in public, mimicking, clearly describing downfalls, or not using any Romanian for pleasantries).</li> </ul>
<b>7. Physical hazards</b>			
	<b>7.1</b>	Risk of injury when out around the Olt region and out on day trips	<ul style="list-style-type: none"> <li>• It is the responsibility of the volunteer to be sensible and to take sensible precautions to avoid injury (e.g. sensible footwear when walking to avoid injury due to pot holes).</li> </ul>

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	<b>7.2</b>	Risk of illness/harm due to climate.	<ul style="list-style-type: none"> <li>• It is very warm in the summers and usually very cold in the winters. It is the responsibility of the volunteer to be sensible about this and follow standard procedures for these temperature extremes.</li> <li>• In summer volunteers should wear a high factor sun cream and always carry a bottle of water.</li> <li>• Stay in the shade as much as possible.</li> </ul>
<b>8.</b>	<b>Biological Hazards</b>		
	<b>8.1</b>	Risk of injury from animals	<ul style="list-style-type: none"> <li>• Mosquitoes are especially prevalent during summer months and volunteers should obtain necessary items in order to tackle this prior to their trip.</li> <li>• Stray dogs wonder the streets in Romania but generally do not go too near humans if they are sensible. It is the responsibility of the volunteer to avoid them. It is up to individual volunteers whether they choose to have the rabies vaccine. See section 3.2.</li> <li>• Horses are still widely used as a form of transport and volunteers should be careful around horses.</li> </ul>
<b>9.</b>	<b>Culture</b>		
	<b>9.1</b>	Risk of offending local people	<ul style="list-style-type: none"> <li>• Volunteers should dress modestly and conduct themselves in a manner which fits their work.</li> <li>• Volunteers should respect the religious beliefs held by team members and the Orthodox religion held by many Romanians.</li> <li>• Volunteers are expected to respect Romanian laws.</li> <li>• Volunteers should be aware that their accommodation in Romania is above the average standard and be sensitive when discussing how people live.</li> <li>• British people have not been travelling to the Olt region and foreigners are generally a novelty. Don't take offense if local people watch or observe you.</li> <li>• Men especially may stare at female volunteers. This is usually meaningless and should not cause alarm.</li> <li>• Volunteers should learn some basic Romanian such as 'hello', 'goodbye', 'please' and 'thank you'.</li> </ul>
<b>10</b>	<b>Stress</b>		

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		Risk of loneliness, isolation and home sickness	<ul style="list-style-type: none"> <li>• It is the responsibility of the volunteer to discuss concerns with their team leaders.</li> <li>• Volunteers should work with their team in order to form friendships and contribute socially.</li> <li>• Volunteers may make use of the local internet café and cheap phone cards to maintain contact with home.</li> <li>• Volunteers should make the most of training days and forums in order to get to know their team.</li> </ul>
<b>11</b>	<b>Photography</b>		
		Taking photos inappropriately	<ul style="list-style-type: none"> <li>• Volunteers <b>MUST NOT</b> take photos (on cameras/mobile phones or other devices) in any of the government institutions (family type homes, orphanages, day care centres). This is due to child protection laws and if photos are taken it will seriously compromise our relationship with the authorities. Although this is unfortunate as we understand it is nice to take photos as memories, it is essential that you follow this rule.</li> <li>• Carers in the institutions <u>can not</u> give permission for photos to be taken so volunteers should not ask.</li> <li>• Volunteers are able to take pictures of the Roma children who attend the William Tyrell Centre when asked to by the children.</li> </ul>
<b>12</b>	<b>Family Type Homes</b>		
	<b>12.1</b>	Risk of violence from the children – being pushed/having objects thrown at you/hair being pulled	<ul style="list-style-type: none"> <li>• The people you work with will not deliberately hurt you. However, some have behavioural problems and may act out in frustration/excitement/fear/ confusion. Please remember the background of the people you work with and possible reasons for their behaviour so please be sensitive to this in your reaction to their behaviour. You should not put yourself at any extra risk so it is important to rely on your own intuition when deciding the best course of action.</li> <li>• It may often be appropriate to give no reaction to this behaviour other than calmly walking away so as not to encourage this behaviour and avoid putting yourself at extra risk. However it may be that turning your back on the child would be more risky than staying with them. Use your judgement or ask for help.</li> <li>• Under no circumstances must you ever punish a child for being aggressive with you. Punishment is the responsibility of the carers – not you.</li> <li>• It is advisable for those with long hair to tie it back,</li> </ul>

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		<p>although there is one home where hair should be loose so as not to provoke a reaction. Further details are available at the apartment.</p> <ul style="list-style-type: none"> <li>• Don't wear jewellery at all – it's too tempting.</li> <li>• If you wear glasses where an old pair that you don't mind getting broken or if possible, contact lenses.</li> <li>• Don't wear sunglasses.</li> <li>• Wear old clothes that you don't mind getting damaged/dirty.</li> <li>• Clothes with buttons or poppers can also provoke a reaction.</li> </ul>
<b>12.2</b>	Being scratched by the children	<ul style="list-style-type: none"> <li>• Any cuts or scratches should be disinfected and plastered straight away as many of the children enjoy playing in the soil and sand outside so the risk of infection will be fairly high. Cream and plasters should be carried by at least one member of the team.</li> <li>• If scratched ask a team member to come with you and help you clean and plaster the cut.</li> <li>• Prevention is better than cure, so try to avoid any rough play which could get out of hand and result in injury.</li> </ul>
<b>12.3</b>	The children wanting to be picked up/swung around	<ul style="list-style-type: none"> <li>• You are responsible for knowing your own limits. If you know that you have a weak back, please do not attempt to pick up the children continuously. Obviously many of the children are very small and light and so shouldn't pose any risk to hurting your back. However, many of the older children will also want to be picked up. Please be sensitive to this and try to be consistent with the children and the way that your work with them (although obviously you will be able to play in different ways with the different children).</li> <li>• Don't be afraid to say no to a child if you feel it would be unsafe for you or the child to carry them/swing them in a way they want. Try to explain by using gestures and distract them with another game/object. You could also involve another volunteer and play in pairs.</li> </ul>
<b>12.4</b>	Misunderstanding with the carers, exacerbated by the language barrier	<ul style="list-style-type: none"> <li>• Most of the Government staff don't understand English. It is your responsibility to learn a basic list of phrases or carry a list with you. It may also help to take a phrasebook/list.</li> <li>• Although you may disagree with some of the ways the carers work with the children, please remain calm and speak to your team leader about it later, when you are no longer in the presence of the Romanian staff. Do not criticise the staff directly.</li> <li>• Don't take the children outside unless you are 100% sure the carers have understood you and are allowing you to</li> </ul>

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			<p>do so. Always arrange a returning time before you leave.</p> <ul style="list-style-type: none"> <li>• Ensure you always take a mobile and Volunteer Co-ordinator's number so you can always ring if there is a problem.</li> <li>• Always arrive on time.</li> </ul>
	<b>12.5</b>	Using the furniture/equipment within the homes.	<ul style="list-style-type: none"> <li>• Volunteers need to be careful when playing with the children in the homes as the furniture and equipment in the homes is not particularly child friendly.</li> <li>• Technical equipment may have wires exposed and not be secured down so additional care must be taken.</li> <li>• Doors may not be secured so watch the children carefully.</li> <li>• There are rugs throughout the homes placed on hardwood floors which aren't secured down so care must be taken to avoid tripping/slipping.</li> <li>• Be wary of sharp corners, hot taps, and damp floors.</li> </ul>
	<b>12.6</b>	Entering/leaving the family type homes with/without the children	<ul style="list-style-type: none"> <li>• Take care as steps may be uneven and the stairwells may not be well-lit.</li> <li>• When helping the children make sure you go slowly and carefully. Only carry them if you feel comfortable doing so (see section 12.3)</li> </ul>
		Taking the children into the garden/parks	<ul style="list-style-type: none"> <li>• Please see sections 7 and 8.</li> <li>• Only take the children out if you have clear permission and understanding from the carers. A carer will usually accompany you.</li> <li>• Make sure you return the children well within the time agreed.</li> <li>• There will be uneven surfaces so volunteers should take care when walking with the children and help them to avoid tripping, especially as some of the children may be very unsteady.</li> <li>• Some of the children behave unpredictably when crossing roads or passing shops with food displayed because they don't often get to go out.</li> <li>• Most children will try to reach for items when in shops. Volunteers should buy biscuits' and drinks etc before meeting the children.</li> <li>• Fizzy drinks can make some children want the toilet (almost immediately).</li> <li>• Some of the children may use wheelchairs which do not hold the children securely. Volunteers should be particularly careful pushing wheelchairs over bumpy areas and strap the children in were possible.</li> </ul>
<b>13</b>	<b>Large Government Residential Care Homes – Cezieni and Caracal</b>		

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<b>13.1</b>	Misunderstanding with the carers, exacerbated by the language barrier	<ul style="list-style-type: none"> <li>• Please see section 12.4</li> <li>• It is important to remember that our relationship with the staff at these homes is relatively new and therefore it is extremely important you behave appropriately.</li> </ul>
<b>13.2</b>	Risk of violence from the residents – being pushed/having objects thrown at you/hair being pulled	<ul style="list-style-type: none"> <li>• Please see section 12.1</li> <li>• Cezieni and Caracal consist of a larger main building, another building where the rooms we work the adults are and a large outside space. You should only enter the main buildings in groups of 3 or more and should only stay on the first two floors – don't go downstairs to the kitchen/dining room. You should only use the activity rooms in groups of 3 or more with no more than 2 residents per volunteer. Whilst outside you should ensure you are always in sight of another volunteer and avoid secluded areas.</li> <li>• Never go anywhere alone.</li> <li>• Ensure that the team leader knows where you are at all times.</li> <li>• If ever you feel at risk please remove yourself and other volunteers from the situation and discuss the situation with your team leader.</li> <li>• If you see other volunteers placing themselves in a risky situation or struggling please inform your team leader or diffuse the situation by distracting the resident yourself.</li> <li>• If you see a resident behaving negatively towards another resident, seek the advice of a staff member or use your judgement as to whether you and another volunteer should intervene.</li> </ul>
<b>13.3</b>	Being scratched by the residents	<ul style="list-style-type: none"> <li>• Please section 12.2</li> <li>• The team leader should have plasters with them. However there is also an on duty nurse who should be able to help you.</li> </ul>
<b>13.4</b>	The residents wanting to be picked up/swung around	<ul style="list-style-type: none"> <li>• Please see section 12.3</li> <li>• Due to their background the residents may exhibit inappropriate behaviours. Do not feel pressured to do as they wish – many of them will want to be picked up even though they may be the same size or bigger than you.</li> <li>• Whilst it is important to show care and love please be aware of age-appropriateness.</li> <li>• Although you will obviously work with residents in different ways please be aware that many are younger than their years and can become jealous when treated differently.</li> </ul>
<b>13.5</b>	Inappropriate behaviour	<ul style="list-style-type: none"> <li>• Please section 12.1 and 14.2</li> <li>• Some residents may occasionally show sexual behaviour. This is a result of not knowing/understanding the causes</li> </ul>

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			<p>of certain feelings. Please be considerate and try to sensitively move away from any potentially awkward situations.</p> <ul style="list-style-type: none"> <li>• The best reaction to such behaviour is to give no reaction. Even though they may be adults, their mental age is much less and they do not fully understand the implications of what they are doing so please remember this whilst working with them.</li> </ul>
		The residents taking your possessions	<ul style="list-style-type: none"> <li>• The residents like to take things out of your pockets and try on your bracelets – you may not get them back! Leave anything you don't want to lose on the bus or at the apartment.</li> </ul>
	<b>13.6</b>	Becoming isolated inside the building	<ul style="list-style-type: none"> <li>• Some residents will try and take you into their rooms to show you their possessions. You should tell them 'nu' (no) clearly and gently and stay where you can be seen.</li> </ul>
	<b>13.7</b>	Residents following you around the institutions	<ul style="list-style-type: none"> <li>• Some residents may follow you as you walk around the institutions and may display the behaviours described in sections 14.2 – 14.6.</li> <li>• The easiest way to keep yourself safe is to avoid spending too much time inside the institutions.</li> <li>• At Cezieni do not go down into the basement kitchen area. You will not be heard if something happens.</li> <li>• While working indoors in the designated rooms for arts and crafts you must use your common sense and follow advice in sections 14.2 – 14.6.</li> </ul>
	<b>13.8</b>	Using the furniture/equipment within the institution	<ul style="list-style-type: none"> <li>• Please see section 12.5</li> <li>• You should not need to use much equipment as there is not much available and you should largely bring your own supplies.</li> <li>• There are broken benches/see-saws/swings/debris outside. You should avoid using these and discourage residents from doing so. However, the residents are used to it and are likely to use it regardless of its condition.</li> <li>• However, where equipment is working you should remember that the residents rarely get one-to-one attention and you should make the best use of the equipment as possible where they wish to do so.</li> <li>• Keep your shoes on at all times.</li> <li>• Ensure that you have had appropriate vaccinations (e.g. tetanus) prior to your trip.</li> </ul>
	<b>13.9</b>	Taking residents out	<ul style="list-style-type: none"> <li>• You should not take the residents outside of the institution unless on an organised excursion with appropriate staff members present.</li> </ul>
	<b>13.10</b>	Working with	<ul style="list-style-type: none"> <li>• Please see section 3.4.</li> </ul>

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		residents who may have HIV	
	<b>13.11</b>	Risk of injury from the residents carrying around materials such as wood.	<ul style="list-style-type: none"> <li>Some of the residents carry around sharp pieces of wood as they like to bang them against railings or tap them on their body. They have never used them to harm anyone else but you must take care especially as some pieces may have nails in them.</li> </ul>
	<b>13.12</b>	Becoming isolated in the grounds	<ul style="list-style-type: none"> <li>At Cezieni and Caracal there are some secluded areas which may increase your vulnerability should you enter them.</li> <li>Please be aware of this and remain visible at all times. Never go around the back of the buildings alone. If you do need to leave the main grounds for any reason, do so with another volunteer and make sure your team leader knows where you are.</li> </ul>
	<b>13.13</b>	Residents going to the toilet outside	<ul style="list-style-type: none"> <li>You will find that many of the residents will urinate outside as if it is a toilet. Avoid standing in any puddles outside and wear sensible footwear.</li> </ul>
	<b>13.14</b>	Beds outside (at Cezieni)	<ul style="list-style-type: none"> <li>There are certain residents who remain on the beds put outside for them – these residents are low functioning in terms of physical/verbal ability but are highly responsive when you interact with them.</li> <li>However, the beds have exposed metal rods and therefore please be aware of this for your own and the residents safety when interacting with them on these beds.</li> </ul>
	<b>13.15</b>	Bins outside	<ul style="list-style-type: none"> <li>Apart from the bins sometimes being overflowing, slightly smelly and unpleasant, in the summer months there is a risk that they may set alight due to the intense sun. Please keep away from the bins.</li> </ul>
	<b>13.16</b>	Dogs	<ul style="list-style-type: none"> <li>Do not interact with the dogs at any times. They may have rabies, fleas and/or ticks.</li> </ul>
	<b>13.17</b>	Long grass outside	<ul style="list-style-type: none"> <li>There is long grass over an uneven surface outside which makes it easy to lose your balance.</li> <li>Avoid going in the long grass where possible and if it is necessary take care and avoid running.</li> </ul>
	<b>13.18</b>	Using toilets	<ul style="list-style-type: none"> <li>Use the staff toilets.</li> <li>Please tell your team leader and take another team member with you.</li> </ul>
<b>14</b>	<b>Summer Schools / Centres</b>		
	<b>14.1</b>	Misunderstanding with the carers, exacerbated by the language barrier	<ul style="list-style-type: none"> <li>Please see section 12.4</li> <li>The staff at the Summer Schools / Centres are very friendly and happy to help you.</li> </ul>

## Olt Risk Assessment

<b>14.2</b>	Risk of violence from the children – being pushed/having objects thrown at you/hair being pulled	<ul style="list-style-type: none"> <li>• Please see section 12.1</li> <li>• This is unlikely with the children at Summer Schools / Centres.</li> </ul>
<b>14.3</b>	Being scratched by the children	<ul style="list-style-type: none"> <li>• Please see section 12.2</li> <li>• This is unlikely with the children at Summer Schools / Centres.</li> </ul>
<b>14.4</b>	The children wanting to be picked up/swung around	<ul style="list-style-type: none"> <li>• Please see section 12.3</li> <li>• These children are often from a deprived background and may not live in a loving environment; therefore it is important that you show the children love and care at the same time as recognising your own limits.</li> </ul>
<b>14.5</b>	Using the furniture/equipment within the centre	<ul style="list-style-type: none"> <li>• Please see section 12.5</li> <li>• Equipment should all be safe and child friendly. However, Romanian standards are not the same as British standards and volunteers should still take extra care.</li> </ul>
<b>14.6</b>	Taking the children outside	<ul style="list-style-type: none"> <li>• There is a playground outside most Summer Schools / Centres which is relatively child-friendly, however there may still be pot-holes and uneven surfaces and equipment may not always be safe so volunteers should take extra care with themselves and the children.</li> <li>• You should only take the children outside with a member of staff or with the clear permission of the staff.</li> </ul>
<b>14.7</b>	Taking the children to the centre	<ul style="list-style-type: none"> <li>• You should take care when taking the children to the centre and make sure you give these children priority of your attention whilst at the centre. Any games you participate in with the other children should include the children from the Family Type Homes so they are never left alone.</li> <li>• They are vulnerable and in our care.</li> </ul>

Whilst we have made every effort to provide a comprehensive risk assessment, as with anything there may be unforeseen risks. If you encounter any of these on your trip please inform your team leader. Life Improvement For Everyone and our partners cannot accept any liability for any accidents/incidents occurring during your trip unless there is a clear indication of negligence on our part. Please work with us to make your trip as safe and enjoyable as possible. Thank you and have a great trip!

Please ensure that:

- a) You have read and understood the risks described in sections 1 – 14 above.
- b) You are willing to undertake the work involved despite the potential risks.
- c) You will take responsibility for your own safety and well-being during your trip based on an awareness of the above risks.